Choosing a rehabilitation facility is one of the most important decisions you will have to make in the near future. It is very important to be confident about the quality of care you or a loved one will receive when entering a rehabilitation program.

In general, it is best to compare at least three rehabilitation programs to make an informed decision on the best facility for your loved one. Admissions personnel will be able to answer these questions for you.

1. How many patients are admitted to the acquired brain injury rehabilitation program each year?
   - Shepherd Center: __________
   - Facility B: __________
   - Facility C: __________

2. How many patients has the facility treated with injuries similar to yours?
   - Shepherd Center: __________
   - Facility B: __________
   - Facility C: __________

3. What is the average age of patients in the acquired brain injury unit?
   - Shepherd Center: __________
   - Facility B: __________
   - Facility C: __________

4. Are there patients in the program of the same age and sex as the patient considering admission?
   - Same age?
     - Shepherd Center: □ yes □ no
     - Facility B: □ yes □ no
     - Facility C: □ yes □ no
   - Same sex?
     - Shepherd Center: □ yes □ no
     - Facility B: □ yes □ no
     - Facility C: □ yes □ no

5. Does the hospital specialize in acquired brain injury rehabilitation services or is it just one of the many medical services offered?
   - Shepherd Center: __________
   - Facility B: __________
   - Facility C: __________

6. Is the facility equipped to manage life-threatening emergencies on-site?
   - Shepherd Center: □ yes □ no
   - Facility B: □ yes □ no
   - Facility C: □ yes □ no

7. Are patients able to begin the rehabilitation process on the acquired brain injury unit even if they have significant medical problems?
   - Shepherd Center: □ yes □ no
   - Facility B: □ yes □ no
   - Facility C: □ yes □ no
8. Are patients transferred to another floor, unit or hospital if new medical problems arise?

Shepherd Center: __________ Facility B: __________ Facility C: __________

9. Does the facility offer services for every stage of recovery, including:

INTENSIVE CARE

Shepherd Center: ☐ yes ☐ no Facility B: ☐ yes ☐ no Facility C: ☐ yes ☐ no

INPATIENT REHABILITATION

Shepherd Center: ☐ yes ☐ no Facility B: ☐ yes ☐ no Facility C: ☐ yes ☐ no

POST-ACUTE REHABILITATION

Shepherd Center: ☐ yes ☐ no Facility B: ☐ yes ☐ no Facility C: ☐ yes ☐ no

OUTPATIENT SERVICES

Shepherd Center: ☐ yes ☐ no Facility B: ☐ yes ☐ no Facility C: ☐ yes ☐ no

LONG-TERM SUPPORTED LIVING

Shepherd Center: ☐ yes ☐ no Facility B: ☐ yes ☐ no Facility C: ☐ yes ☐ no

10. Does your facility offer an inpatient program for those in a coma at a minimally-consciousness state?

Shepherd Center: ☐ yes ☐ no Facility B: ☐ yes ☐ no Facility C: ☐ yes ☐ no

11. How often and for how long each day do patients get treatment by specialists such as physical and speech therapists? (Treatment should be no less than three hours per day.)

Shepherd Center: __________ Facility B: __________ Facility C: __________

12. Are activities planned for patients on weekends and evenings?

Shepherd Center: ☐ yes ☐ no Facility B: ☐ yes ☐ no Facility C: ☐ yes ☐ no

13. Does your facility have full-time clinical educators for staff development and training to ensure that all faculty and staff are practicing the latest therapeutic interventions?

Shepherd Center: ☐ yes ☐ no Facility B: ☐ yes ☐ no Facility C: ☐ yes ☐ no

Counseling services

1. What types of coping and support services are available?

PEER SUPPORT

Shepherd Center: ☐ yes ☐ no Facility B: ☐ yes ☐ no Facility C: ☐ yes ☐ no

INDIVIDUAL AND GROUP THERAPY

Shepherd Center: ☐ yes ☐ no Facility B: ☐ yes ☐ no Facility C: ☐ yes ☐ no
PSYCHOTHERAPY

Shepherd Center: ❑ yes ❑ no  Facility B: ❑ yes ❑ no  Facility C: ❑ yes ❑ no

NEUROPSYCHOLOGY

Shepherd Center: ❑ yes ❑ no  Facility B: ❑ yes ❑ no  Facility C: ❑ yes ❑ no

FAMILY COUNSELING

Shepherd Center: ❑ yes ❑ no  Facility B: ❑ yes ❑ no  Facility C: ❑ yes ❑ no

VOCATIONAL COUNSELING

Shepherd Center: ❑ yes ❑ no  Facility B: ❑ yes ❑ no  Facility C: ❑ yes ❑ no

SUBSTANCE ABUSE COUNSELING

Shepherd Center: ❑ yes ❑ no  Facility B: ❑ yes ❑ no  Facility C: ❑ yes ❑ no

Family members

1. Are family members encouraged to participate in rehabilitation?

   Shepherd Center: ❑ yes ❑ no  Facility B: ❑ yes ❑ no  Facility C: ❑ yes ❑ no

2. To what extent?

   Shepherd Center: _________________________________________________________________

   Facility B: _________________________________________________________________

   Facility C: _________________________________________________________________

3. Does your facility have a family education program to prepare me for future caregiving responsibilities?

   Shepherd Center: ❑ yes ❑ no  Facility B: ❑ yes ❑ no  Facility C: ❑ yes ❑ no

4. What type of support do you offer after we return home?

   Shepherd Center: _________________________________________________________________

   Facility B: _________________________________________________________________

   Facility C: _________________________________________________________________
5. Are there free or low-cost living arrangements for family members participating in training?

Shepherd Center: □ yes □ no  Facility B: □ yes □ no  Facility C: □ yes □ no

Outcomes

1. What percent of patients return to home or community rather than long-term care facilities?

Shepherd Center: __________________________________________________________

________________________________________________________

Facility B: __________________________________________________________

________________________________________________________

Facility C: __________________________________________________________

________________________________________________________

2. How does that compare to other treatment centers?

Shepherd Center: __________________________________________________________

________________________________________________________

Facility B: __________________________________________________________

________________________________________________________

Facility C: __________________________________________________________

________________________________________________________

3. Rehabilitation hospitals measure patient results in terms of “functional improvement.” What is the facility’s average functional improvement measure (FIM) score and FIM change for patients with acquired brain injuries?

Shepherd Center: __________  Facility B: __________  Facility C: __________

4. What is the facility’s average length of stay for patients with injuries similar to yours?

Shepherd Center: __________  Facility B: __________  Facility C: __________

On-Site Review

1. Were staff members helpful and friendly when information was requested?

Shepherd Center: □ yes □ no  Facility B: □ yes □ no  Facility C: □ yes □ no

2. Were you offered an opportunity to tour the facility?

Shepherd Center: □ yes □ no  Facility B: □ yes □ no  Facility C: □ yes □ no
3. What were your impressions of the overall atmosphere?

Shepherd Center: _____________________________________________________________________________________________________
______________________________________________________________________________________________________________________
Facility B:______________________________________________________________________________________________________________
______________________________________________________________________________________________________________________
Facility C:______________________________________________________________________________________________________________
______________________________________________________________________________________________________________________

4. Did you have the opportunity to speak with people currently participating in the program?

Shepherd Center: □ yes □ no     Facility B: □ yes □ no     Facility C: □ yes □ no

5. Were they satisfied with their rehabilitation programs?

Shepherd Center: □ yes □ no     Facility B: □ yes □ no     Facility C: □ yes □ no

LEARN MORE ABOUT SHEPHERD CENTER

If you would like to learn more about Shepherd Center's acquired brain injury program or obtain our answers to the questions on this form, please contact our Admissions Department at 800-743-7437 or email admissions@shepherd.org. Visit us online at shepherd.org.