GREAT OUTDOORS

Experience the

BEST ADVENTURES

of the great outdoors!

Shepherd Center's Recreation Therapy Program's mission is to help people with a temporary or permanent disability caused by injury or disease to lead healthy and active lifestyles as independently as possible through the use of recreation activities, providing education, skill development and community reintegration opportunities.

Adventure Skills Workshop

MAY 17-19, 2019

Registration deadline is April 22, 2019

Shepherd Center

RECREATION THERAPY

2020 Peachtree Road, NW
Atlanta, GA 30309-1465
404-352-2020 shepherd.org

ADVENTURE SKILLS

2019 ADVENTURE SKILLS WORKSHOP

MAY 17-19

Shepherd Center

RECREATION THERAPY

Meet new people. Explore new activities. Learn new skills. Have fun!

Register online at shepherd.org/asw

ACTIVITIES ARE DESIGNED FOR PARTICIPANTS WITH DISABILITIES

This fun-filled weekend is designed for people with spinal cord injury or disease, acquired brain injury, multiple sclerosis, spina bifida, post-polio syndrome, Guillain-Barré syndrome, transverse myelitis or amyotrophic lateral sclerosis (ALS). You'll get hands-on practice in activities you've always loved, as well as those you've always wanted to try. If you need assistance with self-care, transfers, mobility, following maps or directions, feeding or anything else, you must bring a friend or family member.

Whether you are newly injured and attending for the first time, or an Adventure Skills Workshop veteran coming back for more, be assured that you'll have the opportunity to explore new activities, learn new skills, meet new people and have fun.

We believe you'll leave with a new outlook on life — seeing everyday as an adventure.

LOCATION

Camp ASCCA is an accessible facility located on Lake Martin near Jackson's Gap, Alabama, approximately 2-1/2 hours from Atlanta. Directions and a detailed information packet will be sent upon receipt of your application. Housing is in air conditioned group cabins with a limited number of private rooms for couples.

STAFF

Shepherd Center's Recreation Therapy Program is nationally recognized for its exceptional contributions in developing recreation activities for individuals with spinal cord injuries, acquired brain injury and related disabilities.

DATES & FEES

May 17-19, 2019

Check-in: Friday, May 17, from 9:30 a.m. to 3 p.m.
Check-out: Sunday, May 19, by 12:30 p.m.

$225 for participants covers meals, lodging, activities, instruction and a T-shirt.

$200 for family or attendants covers lodging, meals and a T-shirt.

Registration deadline is April 22. Space is limited, and **registration can close before the deadline date if spaces fill.** Online registration is also available.

NO REFUNDS. Children under the age of 15 are not allowed. Limited financial assistance is available.

If you would like accommodations other than the camp's lodging, you can contact any of the following area hotels to make your own reservations. Please note that there will be no discount given on the registration fee if you choose to provide your own accommodations outside of Camp ASCCA. Each hotel has a limited number of accessible rooms, so please reserve your room prior to returning your registration form.

American Inn: (256) 329-8858
Days Inn: (256) 234-6311
Quality Inn: (256) 234-5900
Super 8: (256) 234-7099

Featured leisure skill instruction includes:

Water skiing	Tubing	Canoeing/ kayaking
Climbing wall	Jet skiing	Animal encounters
Rugby	Swimming	Tennis
Zip line	Fishing	Skeet shooting
Water polo	Riflery	
Scuba diving	Art	

You must pass THE ENTIRE SWIM TEST before participating in ANY water sports!

Adaptive equipment is provided, or you may bring your own. Participation in some activities may be limited based on your physical abilities.

For more information, contact Sabrina Harrison at 404-350-7375 or Sabrina.Harrison@shepherd.org

REGISTRATION FORM: Please print. Return by April 22, 2019 or register online at shepherd.org/asw

Name _____ Age _____ Sex _____ Phone _____

Address _____ City _____ State _____ Zip _____

Disability/Injury level _____ Email _____

Names of family members/attendants _____

Age _____ Sex _____ Relationship _____

Number of participants at $225 _____ Number of family members/attendants at $200 _____ Total enclosed $ _____

Charge my: ❑ Visa ❑ Mastercard Card number _____ Expiration date _____

Signature _____ Date _____

❑ I am in need of financial assistance to attend camp.

Arrival Time (Activities will be scheduled based on your arrival time): _____

T-shirt size ❑ Small ❑ Medium ❑ Large ❑ X-large ❑ XX-large

Attendant/family ❑ Small ❑ Medium ❑ Large ❑ X-large ❑ XX-large

❑ I will be arranging my own hotel accommodations and will not need lodging at the camp.

Make check payable to Shepherd Center and mail along with this form to Sabrina Harrioson,Recreation Therapy Dept., Shepherd Center, 2020 Peachtree Road, NW,Atlanta, GA 30309-1465. Copies of this form will be accepted, so share with a friend!

Shepherd Center